



TANDRIDGE CANOE & KAYAK CLUB
www.tkck.org.uk

PRESS THE F11 KEY TO FILL IN INFORMATION FIELDS (SHOWN IN CAPITALS)

TRIP NAME and DATE

Here are details for our trip to DESTINATION on DATE.

Travelling

If anyone wants to share a car and keep costs low, please let me know how many seats and boat spaces so I can put people in touch.

Sleeping

We have exclusive use of 1 bunkhouse – I will send the sleeping arrangements before we travel.

Don't forget you will need a sleeping bag, pillow, pillowcase and PJs! (Also a fitted bottom sheet is a good idea as the mattresses are grotty)

Photos of Centre are on WEBSITE ADDRESS

Eating

I propose eating all together in bunkhouse – full English in the mornings with Spaghetti Bolognese in the evening followed by dessert.

If this menu causes anyone a major problem, let me know by return.

Sharing the jobs

We need help with either shopping, cooking or both.

Please volunteer below

Shopping for and bringing breakfast & lunch for 2 days (I can give a shopping list)

Shopping for and bringing dinner ingredients

Cooking breakfast on Saturday – 2 volunteers

Washing up and clearing breakfast on Saturday – 4 volunteers

Cooking dinner on Saturday – 2 volunteers

Washing up and clearing dinner on Saturday – 4 volunteers

Cooking breakfast on Sunday – 2 volunteers

Washing up and clearing breakfast on Sunday – 3 volunteers

Sweeping and cleaning bunkhouse on Sunday – 3 volunteers

Extra food to bring

Please bring energy snacks for both days.

Please bring a flask for taking a hot drink in your kayak.

Definitely bring wine, beer or your favourite drink for Saturday evening.

Kit

- I believe that everyone has the kit that they need.
- If you don't have a whitewater helmet, please let me know.
- Make sure that you have plenty of fleecy or thermal layers and suitable footwear. I have a variety of neoprene boots – let me know your size if you need to borrow any.

If you are uncertain about what to take, please contact me beforehand for a kit list.



TANDRIDGE CANOE & KAYAK CLUB
www.tkck.org.uk

Paddling Groups

Paddling groups and rivers will be confirmed each morning, depending upon water levels. The plan is to give everyone the chance to develop.

Everyone who wants 3 Star assessment will get the opportunity on Saturday or Sunday, river levels permitting, of course!

We may need non-paddlers to help with shuttles.

Evening entertainment

As this is a development weekend, we may plan some relevant short talks in the evening.

But if you'd like to liven things up, you're welcome to come armed with some suitable games.

So where are we going

Probably should give some directions!

WEBSITE ADDRESS

POSTAL ADDRESS AND POST CODE

Tel: TEL NO

Getting in to the accommodation

If you plan to arrive early, please let me know one week in advance so that I can arrange for key holder to meet you.

Health Form and Payment

Please return attached form and cheque payable to TKCK to

ADDRESS TO RETURN FORM TO

COSTS

Finally -

Tel No's in case you need to make contact on the journey down

CONTACT NAMES AND MOBILE NO'S