Tandridge Canoe and Kayak Club www.tckc.org.uk

River Mole – Placid Water River Trip

Date & time: Saturday 30 March 2013 at 09:30

Venue:	Meet at Stepping Stones, A24 North of Dorking, grid ref 173514 – finish at Leatherhead/Fetcham
Who for:	Members of TCKC
Wear:	Clothes that are light and warm when wet. Lots of layers, especially thermals & fleece plus windproof cagoule. Wear old trainers/plimsolls/wetsuit boots.
Bring:	Packed lunch, hot drink in flask, snacks eg chocolate, cereal bar. Bring towel, plus change of clothes for after.
Organiser Co Please send t	
Personal Info	
	Mobile No
Kit:	Please request kit 4 weeks in advance. Circle what you need to borrow: Kayak / Spraydeck / Paddle / Buoyancy Aid / Cagoule / Helmet
Travel:	I have room in my car for kayaks and people
	I need a lift and I live in
am participa of the Coach	nting in the River Mole trip on Saturday 30 March and the following information is provided for the benefit in charge:
Date of birth:	Date of last tetanus immunisation/booster:
Medicines cu	rrently being taken:
f allergic to a	nything (e.g. aspirin, antibiotics, any particular food or drugs), please give
details:	
	edical conditions leader should be aware of eg epilepsy, diabetes, asthma, heart problems?
	no. of family doctor:
During the ev	vent, the name of my emergency contact is :
And they can	be contacted on:
any other me	necessary for my son/daughter to receive medical treatment and I cannot be contacted by telephone or ans to authorise this, I hereby give my general consent to any necessary medical treatment and authorise charge to sign any document required by the hospital authorities.
Signaturo	Parent's Consent (for IL-19's)